

Penn Medicine Becker ENT and Allergy

Patient Education: Nasal Endoscopy/Laryngoscopy

Thank you for choosing Penn Medicine Becker ENT and Allergy to take care of your ENT/Allergy concern. In evaluating and treating your ENT condition, it is commonly best to directly visualize the appropriate anatomy in your ears, nose and throat. For the nose and throat, this often requires the use of an instrument called an ENDOSCOPE.

NASAL ENDOSCOPY involves examining the nose/sinus/nasopharynx with direct vision using either a rigid endoscope or a flexible fiberoptic endoscope. FLEXIBLE NASOPHARYNGOLARYNGOSCOPY (NPL) involves examining the nose/throat/voice box areas with direct vision using a flexible fiberoptic endoscope. Sprays may be used to decongest and/or numb the nasal passage and throat prior to endoscopic examination.

Your physician will ask for your permission (consent) prior to performing an endoscopy. We also ask for your permission to suction the nose if needed, to take a culture if there is drainage that looks like infection, and other as indicated.

If you agree to have an endoscopy you will be asked to sign a form. This form outlines the more common potential risks and complications associated with endoscopy, which are also outlined here. These include but are not limited to a small amount of pain/pressure, a mild amount of bleeding, and a reaction to the nasal spray.

Endoscopy is a separate procedure, it is not included in the cost of an office visit and is billed to your insurance company separately from your office visit.

Of course, you will have an opportunity to ask your doctor questions, and endoscopy will not proceed until you are satisfied with your understanding of the procedure and the answers you have received.

Penn Medicine Becker ENT and Allergy